

ISLAND SAFARI

Hop aboard an Island Safari 4x4 jeep and buckle up! You're in for a bumpy ride, a thoroughly enjoyable day, a scrumptious meal, lots of education and heaps of laughter. This is by far one of the most exciting ways to explore Barbados with family, friends, strangers and a superb tour guide. Island Safari takes you "off the beaten path" in the custom-built 4x4 Land Cruisers, to spectacular, secluded spots.



GARRISON TUNNELS TOUR

Are you ready to go 12-17 feet under the Historic Garrison area? Take a journey back in time through The Garrison Tunnels, which are over 150 years old and feature miles of networking underground shafts. The tunnels facilitated the secret movement of soldiers, connecting them to still undiscovered locations throughout the military area. The entrance to the tunnels is at George Washington House and is a part of the UNESCO World Heritage Site.



BUSHY PARK'S ULTIMATE DRIVING EXPERIENCES

Do you have a need for speed and seek the thrill that only a fast ride will give you? Look no further as Barbados is known for its world class motor sports and festivals; so come and enjoy life in the fast lane! Whether you wish to try your skills on the track with their karting experience, or feel the adrenaline rush from the side lines when some of the best in the world "rev up the engines", Bushy Park is one experience for your list.



SPORT SHOOTING

Kendal Sporting offers sport shooting for pistol, shotgun, paintball and archery enthusiasts. After an enjoyable round of shooting you can stay on to have drinks at the bar, relax by the pool and have a delicious lunch in the countryside. Bring your game face and be well on your way to adventure in Barbados!



BIKING

What better way to explore Barbados than to ride your way around it? With several mainstream and off-the-beaten-path trails for you to explore, grab a bike and start peddling! If you wish to ride with a group or rent a bike, contact Mountain Bike Barbados or Bike Caribbean.



MICROLIGHT AERIAL TOURS

Want to fly over the beautiful island of Barbados and enjoy spectacular views of the rugged East coast? Microlight Aerial Tours has an exhilarating adventure for you as you fly in an open-air cockpit to capture a first-hand glimpse of an amazing 360 degree, picturesque view of the island.



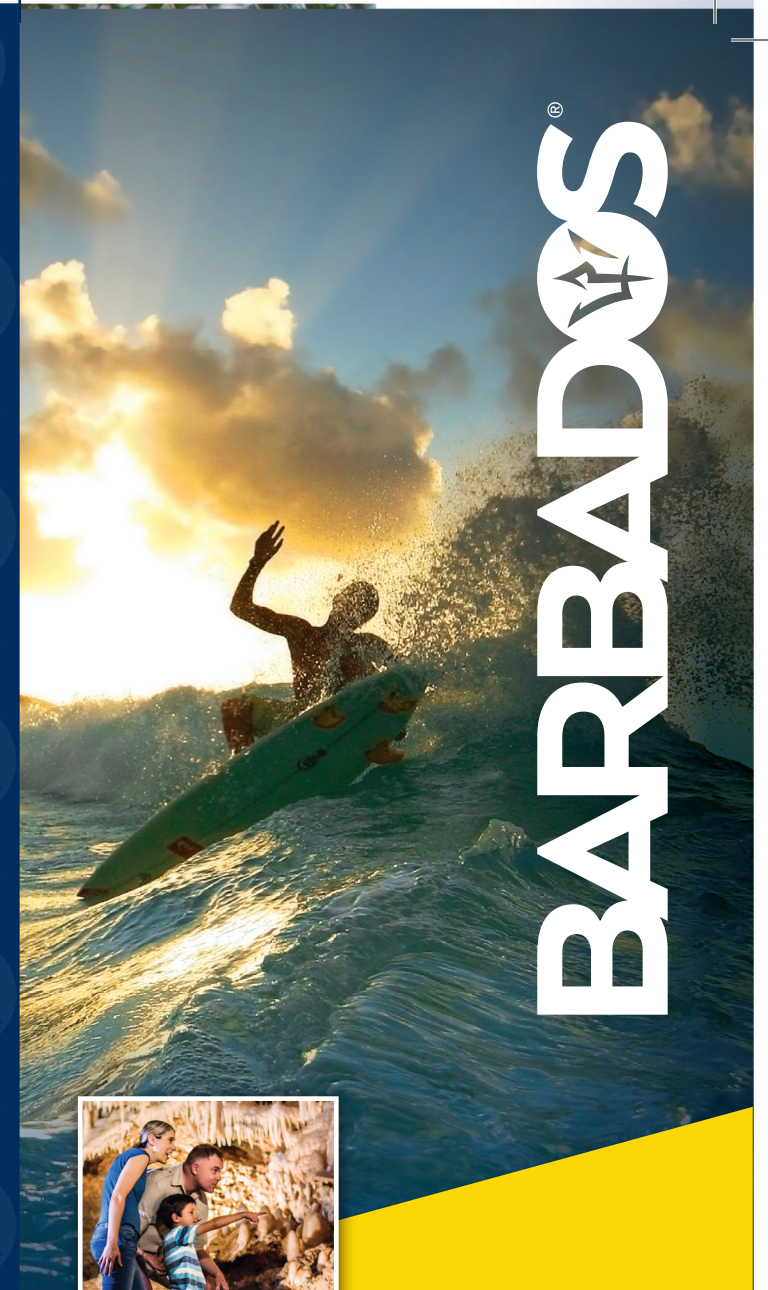
HORSEBACK RIDING

A horseback ride through the countryside or along the coastline in Barbados offers a unique and exciting way to explore Barbados' lush, tropical scenery. Put your fear aside as you gallop along within a small group touring the island and venturing into places you never thought existed in Barbados. The gentle animals will surely take you on an incredible adventure, exploring the fields and hills of this beautiful island.



OFF-ROAD FURY BARBADOS

The ultimate off-road experience in Barbados is ready to take you off of the beaten track to explore parts of Barbados, not accessible by larger vehicles. With these buggy adventure rides, you are definitely in store for an amazing experience!



ADVENTURES



For further information
Please see www.mybarbados.blog

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Welcome to BEAUTIFUL BARBADOS

The island where you can lounge at the beach for several hours, & have thrilling adventures at the snap of your finger!



ATLANTIS SUBMARINES

There is a whole new world under the sea surrounding this tropical paradise called Barbados, and Atlantis Submarines is your ticket to this marine adventure. Travel to the depths of Barbados' waters to view the coral reefs and explore the shipwrecks while fish, sea turtles, eels and stingrays stop by to wave hello. Go for the swim of a lifetime while remaining completely dry, entertained and mesmerised!

WATER JET BLADING

Shoot your Barbados experience clear out of the water and into the air by jet blading. Seeking a thrill? Jet Blade Barbados is definitely for you! It will make your toes curl, your stomach flip flop and get your adrenalin pumping in ways that will have you begging for more. Trying Jet Blade Barbados should definitely make its way on to your Bajan bucket list.



PADDLE BOARDING

Stand, kneel or lie while paddling out into the open sea if you dare to take a paddleboard lesson. There are three classes based on the length of the board: Stock, 14-foot, and Unlimited. If you think you have enough balance to conquer paddle boarding or paddle surfing, you could turn up the difficulty and try Stand Up Paddle (SUP) yoga. It's as relaxing as it is thrilling and a perfect way to cap off your Barbados vacation.



PARASAILING

Up, up, and away! The team at Radical Parasailing promise 'luv at first flight' and as long as you're game and there's wind, you can expect to be completely swept off of your feet! The views from the sky are one of the reasons many adventurers take the chance, but you can decide for yourself and have no fear because the staff are trained to meet international standards. Get ready to fly!



KAYAKING

Grab a life vest, a paddle, secure yourself in a kayak and you're half way to the fun! Once you're in the water and you get the hang of paddling, twisting, rotating, rolling and disengaging yourself, you're ready to explore Barbados by water. Whichever you choose, you can book an instructor to help along the way by contacting Kayaking Barbados.



WIND & KITE SURFING

After a windsurfing or kite surfing adventure in Barbados you will certainly head immediately to book your next trip to the island! Barbados' location sees the island getting year-round South-East trade winds and weather that's perfect for windsurfing and kitesurfing. From Bathsheba in St. Joseph down to Silver Sands in the South and even across as far as Sandy Beach, the waves, wind and beaches along the south eastern coast are superb for wind sports.



SURFING

The east coast of Barbados is literally any surfer's dream becoming reality with the perfect mix of waves, scenery and authentic Bajan life, blended to perfection. From the Soup Bowl at Bathsheba to popular spots on the south of the island such as Silver Sands, the surfing thrill awaits those seeking adventure.



WAKEBOARDING

Adrenalin rush just took on a new meaning with wakeboarding in the crystal clear waters of Barbados! Why just sit on the beach when you can go for a thrilling ride, scream at the top of your lungs and enjoy all that Barbados has to offer? Water sports operators on the west coast can provide you with this amazing experience.

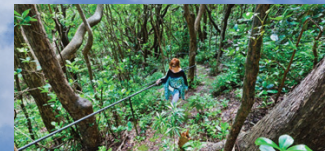
HARRISON'S CAVE

Unearth the adventure of this iconic attraction, nestled in the heart of the island! Venture deep beneath the earth's surface and explore this picturesque cave by tram or take the more adventurous route on foot through the Eco Tour. It is truly one of Barbados' greatest natural wonders! This limestone cavern with its many pockets is a testament to nature's mastery.



ANIMAL FLOWER CAVE

Head north for an unforgettable experience as you witness a spectacular opening to the Atlantic Ocean. The Animal Flower Cave should certainly be considered one of the world's wonders. It was named after the sea anemones found in the pools of the cave. Bring your swim wear and relax in the restorative pool inside the cave and if you're lucky, you'll even see whales play outside.



GRENADE HALL FOREST & SIGNAL STATION

An attraction, which beckons all history and nature lovers as it presents a masterful blend of a natural forest and a restored signal station. While you make your way along the trail, you may be greeted by a Green Monkey or two, as you explore the tropical flora. The signal station offers spectacular views of the island, as it was once part of a group of signal stations used for internal and external security, including slave revolts.



BARBADOS WILD LIFE RESERVE

Welcome to the Animal Kingdom of Barbados where birds will sing, turtles stroll beside you and the monkeys engage you in a game of "hide and seek". Walk amongst the pelicans, agouti, parrots, and flamingos as peacocks stand proudly in a picturesque display of colourful splendour. Not to be outdone, the caged snakes are always exciting to see up close!

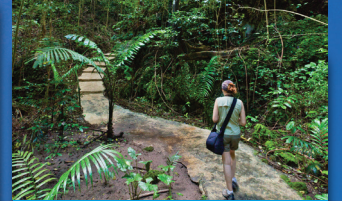
COCO HILL FOREST

The 53 acre tropical rainforest in the central belt of Barbados overlooking the East Coast beckons the adventure-seeking visitor with its acres of Bambo groves, Royal Palms, tree ferns, fruit trees such as coconuts, bananas, coffee, cocoa and pineapples along with numerous herbs and spices. This is a window into an untouched and organic world, with a guided hike and tour, and even a tasty farm to table experience.



MARIZAYRA'S SANCTUARY

This beautiful sanctuary is described as "the closest you'll ever get to the Garden of Eden before meeting the Creator". With a wide variety of animals settled among beautiful plants, we live up to our slogan, "Nature at it's finest".



WELCHMAN HALL GULLY

Every nature lover's dream should be to visit Barbados' enchanted gullies, to discover the flora and fauna, our mischievous green monkeys, while the birds sing sweetly to keep your company. Barbados' unique geomorphological composition has lent its way to the formation of many gullies around the island which are really collapsed caves!

PEG FARM AND NATURE RESERVE

This unique experience in Barbados allows you to witness the next frontier of agriculture-biodynamics! From a medicinal garden, to a gully, campsite and amazing views of the East Coast of Barbados, PEG Farm and Nature Reserve is definitely a great family exploration activity. This new attraction allows visitors to walk amongst animals such as cows, chickens and pigs, and for the adventurous child, there are opportunities to hold a pet or two!



HIKING

Lace up your sneakers, grab a water bottle and explore nature in Barbados by hiking through the gullies and forests. Hiking is a great way to experience the ins and outs of Barbados while discovering many hidden treasures. There are many hiking trails, so grab a friend and let's go!

